



Handout #2 Clinicians: Importance Ruler Adapted* for Tobacco Use

***From Motivational Interviewing: Helping People Change Third Edition. (2013) Miller & Rollnick, Guilford Press: NY**

On a 10-point scale, how **important** is it for you to stop tobacco use now?

1	2	3	4	5	6	7	8	9	10
Not at all				Average					Extremely
Important				Importance					Important