



Implementation Plan for Helping Consumers Become Tobacco Free

Agency/Program: _____

Date: _____

Workgroup members:				
Your strengths:		What you have already done:		Team's vision of an ideal tobacco dependence treatment program:
Goal	Strategy (Action Steps)	Person Responsible	Target Date	Update/Status
Assess Program using Tobacco Dependence	Select your Evaluation Team			
	Identify staff and consumers to interview			
	Communicate goals of the survey to staff and consumers			

Treatment Self-Evaluation Tool	Observe milieu and physical settings, team meetings, group treatment meetings			
	Review documentation (e.g. medical records, policy and procedure manuals, brochures, posters)			
	Conduct rating and enter online through link provided by TCTTAC			
Goal	Strategy (Action Steps)	Person Responsible	Target Date	Update/Status
Increase the number of tobacco screenings and assessments completed and documented in medical records	Tobacco Screening and assessment completed on every new intake and documented in medical record			
	Tobacco dependence diagnosis entered on treatment plan			
	Continued monitoring for tobacco use with each client completed every 90 days			
Goal	Strategy (Action Steps)	Person Responsible	Target Date	Update/Status

Increase prescription of NRT's and other medications for treating tobacco dependency (TDT)	Prescribers (MD and NP) view the FIT module on medications to treat tobacco dependence, and the Advanced Psychopharmacology for TDT Archived Webinar			
	Provide brochure and psychoeducation in waiting room and to clients on NRTs and other meds			
	Prescriptions written for all NRT's			
	Distribute commissioner's letter on changes in Medicaid rules			
Goal	Strategy (Action Steps)	Person Responsible	Target Date	Update/Status
	Obtain and post smoking cessation posters and smoke free signs			
	Identify client's readiness to change using the readiness ruler/assess and document client's stage of change			
	Distribute tobacco related health education material, culturally and linguistically appropriate brochures			

Engage and motivate clients that are current smokers	Develop incentives for quitting such as recognition, prizes and gifts			
	Train all staff through TCTTAC face to face training			
	Provide psychoeducation on impact smoking has on health, finances etc.			
	Purchase a CO monitor			
	Use the decisional balance to identify the downsides of smoking			
	Have a peer specialist reach out to all current smokers			
	Invite a speaker to discuss personal recovery from smoking			
Goal	Strategy (Action Steps)	Person Responsible	Target Date	Update/Status
	Identify 1-2 group facilitators			
	Identify all clients that could benefit from the group			
	Facilitators outreach consumers prior to joining the group			
	Involve peer specialist in facilitating group			

Implement a Learning About Healthy Living (LAHL) group	Schedule time of group to maximize participation			
	Offer healthy snacks and drinks			
	Group facilitators and their supervisors watch the 2-part archived LAHL webinars			
	Have a healthy living fair highlighting the LAHL			
	Include healthy lifestyle goals including smoking in treatment plan			
Goal	Strategy (Action Steps)	Person Responsible	Target Date	Update/Status
Track client outcomes	Explore whether existing data (e.g., in medical records) can inform data outcomes.			
	Develop procedure for regularly tracking and reporting outcomes to TCTTAC			
	Review reports from TCTTAC to track progress through time and modify approach as needed			
Goal	Strategy (Action Steps)	Person Responsible	Target Date	Update/Status
defined by program				

