

# Agency - Program A

**NYC TCTTAC Tobacco integration Self-Evaluation Tool (TiSET, ©2018 NYC TCTTAC) Self-Reported Results and Recommendations, \*date\*** 

Thank you for taking the time to complete the NYC TCTTAC TiSET.

Your overall score of 4.2 indicates that your program is currently "Between Capable and Enhanced" (see table below).

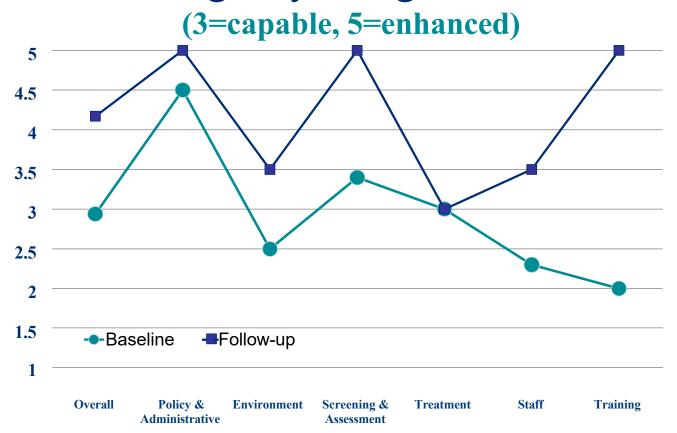
Score	Rating
1	Mental Health Only (program is focused on providing services to persons with mental health
	conditions without attention to tobacco use)
2	Between Mental Health only and Capable
3	Capable (program can provide some services to individuals with co-occurring tobacco use and
	mental health conditions)
4	Between Capable and Enhanced
5	Enhanced (program can provide all services to people with co-occurring tobacco use and mental
	health conditions)

Below is a graph of your baseline and follow-up scores within the various domains. Following the graph are recommendations for your program based upon your most recent self-report. You get to choose which, if any, you would like to work on. Keep in mind these assessments are self-reports aimed at helping you to determine areas where you can improve your capacity to treat co-occurring mental health and tobacco use disorders. It's possible that there are several areas where you may want to target quality improvement efforts. The <a href="TCTTAC">TCTTAC</a> Treating Tobacco Roadmap provides guidance for using the TiSET to make changes in your program.



Page 1 of 5 © 2022 NYC TCTTAC

# Agency-Program A



#### POLICY AND ADMINISTRATIVE

**Overall Average Score: 5** 

**Recommended Resources**: NYC TCTTAC offers an archived webinar on <u>tracking data outcomes</u> that is available through CPI's LMS (the link will first prompt you to enter your username and password). Click <u>HERE</u> for an example tobacco policy.

Item	Recommendation
1. Tobacco Use Policy	Congratulations! Your program scored a 5 on this item. Keep up the great work!
2. Tracking Outcomes	Congratulations! Your program scored a 5 on this item. Keep up the great work!



Page 2 of 5

### **ENVIRONMENT**

**Overall Average Score: 3.5** 

Recommended Resources: The NYC TCTTAC website includes several educational materials and tools,

available **HERE**. Click **HERE** to see some sample tobacco free signs.

	Item	Recommendation
3.	Availability of educational	Congratulations! Your program scored a 5 on this item. Keep up the great
	materials	work!
4.	Signage	Your program scored a 2 on this item. Congratulations on having some
		signage re: "no tobacco use"; consider ensuring making it more visible, with
		the eventual goal that this signage is very consistently visible.

#### SCREENING & ASSESSMENT

**Overall Average Score: 5** 

Recommended Resources: Click <u>HERE</u> to access the Consumer Self-Report Tobacco Assessment (including

items 4 and 5, the Heaviness of Smoking Index, and item 11 assessing stage of change).

	Item	Recommendation
5.	Tobacco use screening.	Congratulations! Your program scored a 5 on this item. Keep up the great work!
6.	Screening documented.	Congratulations! Your program scored a 5 on this item. Keep up the great work!
7.	Assessment of severity of tobacco use disorder.	Congratulations! Your program scored a 5 on this item. Keep up the great work!
8.	Tobacco related diagnoses.	Congratulations! Your program scored a 5 on this item. Keep up the great work!
9.	Assessment of Stage of Change.	Congratulations! Your program scored a 5 on this item. Keep up the great work!



Page 3 of 5

#### **TREATMENT**

## **Overall Average Score: 3**

**Recommended Resources**: Visit the NYC TCTTAC website tools page <u>HERE</u> to access consumer handouts for each medication (including translations into 7 different languages), facilitator guides, tips for group attendance, a letter to prescribers (which includes links to medication to treat tobacco use), and other helpful tools for treatment. Click <u>HERE</u> to access a tool for documenting treatment of tobacco use. Click <u>HERE</u> to access the Learning About Healthy Living: Tobacco and You manual (LAHL) and <u>HERE</u> to access and archived webinar about using the LAHL manual. Click <u>HERE</u> to access the FIT module describing Stage of Change and Stage-Wise Treatment.

Item	Recommendation
10. Treatment Plans.	Your program scored a 3 on this item. Congratulations on documenting tobacco related conditions with some frequency on treatment plans; consider developing a plan to increase the number of treatment plans that address tobacco related conditions, with the eventual goal of having a formal system to remind all staff at regular intervals to revisit interest in wellness related goals/objectives or reassess quit positions.
11. Interventions matched to Stage of Change.	Congratulations! Your program scored a 5 on this item. Keep up the great work!
12. Group Treatment for both mental health and tobacco use.	Your program scored a 1 on this item. Consider developing a plan to have people who use tobacco regularly attend an integrated mental health and tobacco use disorders group, with an eventual goal of at least 2/3 of people who use tobacco attending such groups.
13. Group curricula.	Your program scored a 1 on this item. Consider ensuring that the program contains a standardized group curriculum to address tobacco use, with the eventual goal of routinely using a standardized group curriculum for tobacco use which is customized for the SMI population and includes adaptation of evidence-based addiction treatment (e.g., motivational interviewing, relapse prevention, stage-based treatment, etc.).
14. Medications to treat tobacco use disorder.	Congratulations! Your program scored a 5 on this item. Keep up the great work!



Page 4 of 5

#### **STAFF**

# **Overall Average Score: 3.5**

**Recommended Resources**: Click <u>HERE</u> to access guidance around addressing tobacco use among staff.

Item	Recommendation
15. Availability of a prescriber	Congratulations! Your program scored a 5 on this item. Keep up the great
to treat tobacco use.	work!
16. Access to clinical	Congratulations! Your program scored a 5 on this item. Keep up the great
supervision/consultation.	work!
17. Tobacco related support for	Your program scored a 3 on this item. Congratulations on offering onsite
staff.	tobacco use treatment or referrals for interested staff; consider developing a
	plan to offer these services with benefits, even if restricted by co-pays, with
	the eventual goal of providing routine, on-site treatment or referrals
	including unrestricted access to tobacco use disorder therapies and
	medications.
18. Peer employees.	Your program scored a 1 on this item. Consider ensuring that program
	staff includes peer employees with lived experience, with the eventual goal
	of having peers with formal training in working with both mental health and
	tobacco related conditions, as co-occurring disorders.

# TRAINING

## **Overall Average Score: 5**

**Recommended Resources**: TCTTAC offers in person training (typically beginning each Fall). Contact the Project Director (Nancy.covell@nyspi.columbia.edu) for information around upcoming training dates. Click HERE to access the online training resources.

Item	Recommendation
19. Training for clinical staff.	Congratulations! Your program scored a 5 on this item. Keep up the great work!
20. Training for prescribers.	Congratulations! Your program scored a 5 on this item. Keep up the great work!



Page 5 of 5